

# Benefits of Hiring a MID-DAY DOG WALKER

THESE PAWS WERE MADE FOR WALKIN'

## GOOD for YOUR DOG

### GET RID OF EXTRA ENERGY

Mid-day walks allow your dog to release some of their built up energy, resulting in a **calm** and **well-behaved** dog at home.

### SHED A FEW POUNDS

Daily exercise is crucial to help keep your pup at a healthy weight. An estimated **52.7% of dogs in the US are overweight or obese.\*** Studies show that 30-minute walks, 5 days a week will help keep your dog in shape.

\*Association for Pet Obesity Prevention

### ESTABLISH AND MAINTAIN A ROUTINE

A dog walker can help create a routine for your pet, which can help **relieve stress or anxiety** your pup may feel when left home alone. Having a mid-day walk will also give them something to look forward to and help alleviate their boredom.

### SOCIALIZATION

Mid-day dog walkers or pet sitters provide **companionship** to your dog when you must be away from home. This socialization also provides mental stimulation which leads to a happier and healthier companion.

## GOOD for YOU

no need to

# RUSH

Need to stay late at the office or run errands after work? With a mid-day dog walker, **you won't have to worry** about rushing home to make sure your pup can go potty. This will give you a greater peace of mind while you're away from home and your pup will get all the exercise they deserve.

stay  
**DRY**

When Mother Nature calls, she doesn't wait for the rain to stop. A dog walker will be there **rain or shine** to make sure your pup can answer Nature's call and you can make sure that you (and your floor) stay nice and dry.

no more

# guilt

You can often feel guilty knowing that your pup has been alone indoors all day. Hiring a dog-walker gives you the **confidence** that you are providing the best care for your furry family member.

*Hire a member of the*  
**NATIONAL ASSOCIATION OF PROFESSIONAL PET SITTERS**

### PROFESSIONAL

All NAPPS members agree to take the **Pledge of Professional Conduct.**

### KNOWLEDGEABLE

NAPPS members have access to unlimited educational resources and training to help increase their knowledge on providing excellent pet care.



FOR MORE INFORMATION ABOUT PET PARENTING OR PROFESSIONAL PET SITTING  
[www.petsitters.org](http://www.petsitters.org)

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